



the
OTHER PRESS

the Douglas College newspaper since 1976

theotherpress.ca

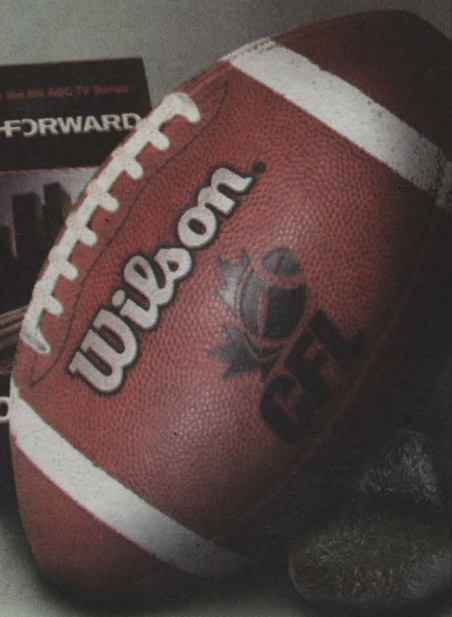
issue **01** volume **38** - september **06/2011**

The Dos and Don'ts of Douglas

how to survive
your first year
page 11



LASH FORWARD



At more than \$25,000, average student...
Students shouldn't have to mortgage their...
REDUCE
INCREASE PUBLIC F...

**Get the scoop
of Shark
Night 30**
07

**Find out about
our Caps Bicycle
giveaway**
19

FEES
READY EDUCATION

To do:
Check craigslist - 08
Get U-Pass - 13
Download PDF
of textbook - 04



Anyone can get published in the Other Press! Just email your story to the appropriate section editor from the list on the right. Please send your file as an MSWord .doc file.

The weekly deadline for submissions to section editors is Friday by 4:00pm for publication the following Monday. Time-sensitive articles (weekend news, sports, and cultural reviews) will be accepted until Saturday at noon and can be submitted to the editor at editor@theotherpress.ca. All submissions will be edited for clarity and style.

The Other Press will pay \$50.00 to any contributor who writes, and successfully has published, a feature article of at least 1,200 words. Also, The Other Press will pay \$50.00 for every five issues a contributor is published in on a per semester basis.

The Other Press holds weekly staff meetings at 6:00pm on Mondays in room 1020 at Douglas College's New Westminster campus. All interested students are welcome!

NEWS SUBMISSIONS
staff@theotherpress.ca

ARTS SUBMISSIONS
arts@theotherpress.ca

LIFE&STYLE
stephanietrembath@hotmail.com

OPINIONS SUBMISSIONS
opinions@theotherpress.ca

SPORTS SUBMISSIONS
sports@theotherpress.ca

FEATURE ARTICLES
editor@theotherpress.ca

NEWS

This year, save money (not to mention your back) with textbook alternatives

-Maria Asselin-Roy, Pg. 04

ARTS & ENTERTAINMENT

Act the part with these exclusive audition tips and tricks

-Julia Siedlanowska, Pg. 05

LIFE AND STYLE

Brain food that will get you in the mood... to study!

-Sharon Miki, Pg. 08

FEATURE

The Dos and Don'ts of Douglas

-Jacey Gibb, Pg. 11

OPINIONS

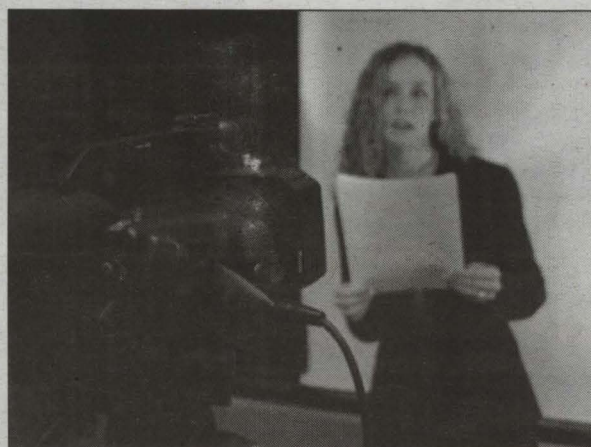
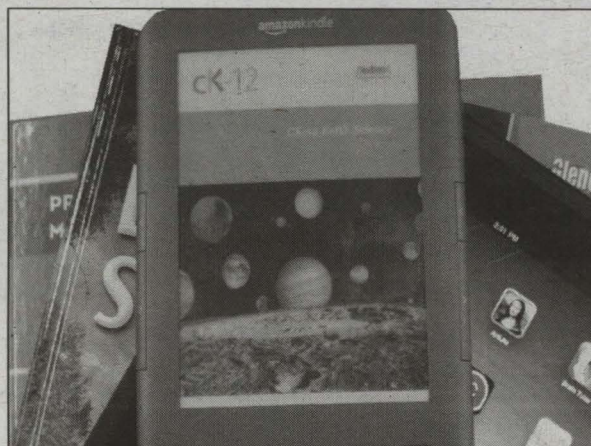
WANTED: Strong voices in Canadian politics

-John Miller, Pg. 12

SPORTS

Football fever: AFC & NFC predictions

-David Hollinshead, Pg. 16



THE OTHER PRESS

*Student Newspaper of
Douglas College*

PUBLISHED SINCE 1976

Room 1020 - 700
Douglas College
Royal Avenue,
New Westminster, BC
V3L 5B2
TELEPHONE: 604.525.3542

EDITOR IN CHIEF

Cody Klyne
editor@theotherpress.ca

ASSISTANT EDITOR

Chloé Bach
assistant@theotherpress.ca

BUSINESS MANAGER & ADVERTISING

Angela Szczur
accounting@theotherpress.ca

STAFF REPORTER

Maria Asselin-Roy
staff@theotherpress.ca

LIFE AND STYLE EDITOR

Stephanie Trembath
stephanietrembath@hotmail.com

SPORTS EDITOR

Josh Martin
sports@theotherpress.ca

ARTS REVIEWER

Julia Siedlanowska

ARTS & ENTERTAINMENT EDITOR

Angela Espinoza
arts@theotherpress.ca

OPINIONS EDITOR

Jacey Gibb
opinions@theotherpress.ca

GRAPHICS

Timothy Arndt
graphics@theotherpress.ca

LAYOUT

Brian Yoo
layout@theotherpress.ca

DISTRIBUTION MANAGER

Ben Claydon

WHO WE ARE

The Other Press has been Douglas College's student newspaper since 1976. Since 1978 we have been an autonomous publication, independent of the student union. We are a registered society under the Society Act of British Columbia, governed by an eight-person board of directors appointed by and from our staff. Our head office is located in the New Westminster campus.

The Other Press is published weekly during the fall and winter semesters, and monthly during the summer. We receive our funding from a student levy collected through tuition fees every semester at registration, and from local and national advertising revenue. The Other Press is a member of the

Canadian University Press (CUP), a syndicate of student newspapers that includes papers from all across Canada.

The Other Press reserves the right to choose what we will publish, and we will not publish material that is hateful, obscene, or condones or promotes illegal activities. Submissions may be edited for clarity and brevity if necessary. All images used are copyright to their respective owners.

LETTITOR

The Fifth Element

Now, tempting as it may be as a tangent, the element that I'm referring to is not of the Leeloo, Korben Dallas, "mul-ti-pass" variety. Disappointed, I'm sure. The topic I'll be tackling today is important and, in comparison, much more grounded in our humdrum reality... though it possesses certain fantastic qualities of its own. What then, if not the rugged Bruce Willis or steamy Milla Jovovich, am I blathering about? The answer: the annual altering of our thought processes, dispositions, and essentially, our brains. What I will hereby refer to as "back to school" syndrome.

This time of year, seemingly every year, a change occurs. Whether it's the changing of the leaves or the inevitable viewing of *It's the Great Pumpkin, Charlie Brown*, as if we're being internally rebooted, having been programmed since kindergarten, our brains reset. Switching from late summer sadness to fall madness in a matter of days, the start of a new school year has people seemingly buzzing with excitement and, I for one, think it's great.

So it is here, in my inaugural lettitor, that I make this challenge to you the reader: ride this enthusiasm for what it's worth but, instead of burning out on week two, make it last all semester long. That said, I know it'd be naive to think there won't be a downfall. Like a new pair of shoes after the shiny and fresh honeymoon period, things have a way of mellowing out. It's

unavoidable. So, buy your new binders, sharpen your pencils, and embrace the spirit of "back to school" syndrome to the fullest. Then, when October hits and you're counting down the days until the end of the semester, remind yourself what got you excited about being at, or back at, Douglas in the first place. Whether you're here completing a program, earning university transfer credits, just taking a few classes to keep your mind from congealing into a gelatinous mass, the clichéd saying "you get out of it what you put into it" couldn't possibly apply more here.

One way to keep things fresh throughout the year is to get involved on campus. Not to get all "broken record" on you, this is just kind of one of things that, as a recent graduate of Douglas, I can't stress enough. Having not taken advantage of the opportunities that were made available to me early on, I can't help but get all freaky-school-spirit-zealot about it. Write for The Other Press, volunteer through Douglife, become involved in your student union or, create a club of your own! Leave your apathetic youth club card at the door and I'm sure you'll find life at Douglas to be not only tolerable, but borderline pleasant.

Later days,

Cody Klyne
Editor in chief
The Other Press



The life and legacy of Jack Layton

The impact his death has had on students and the youth vote



Maria Asselin-Roy
Staff Reporter

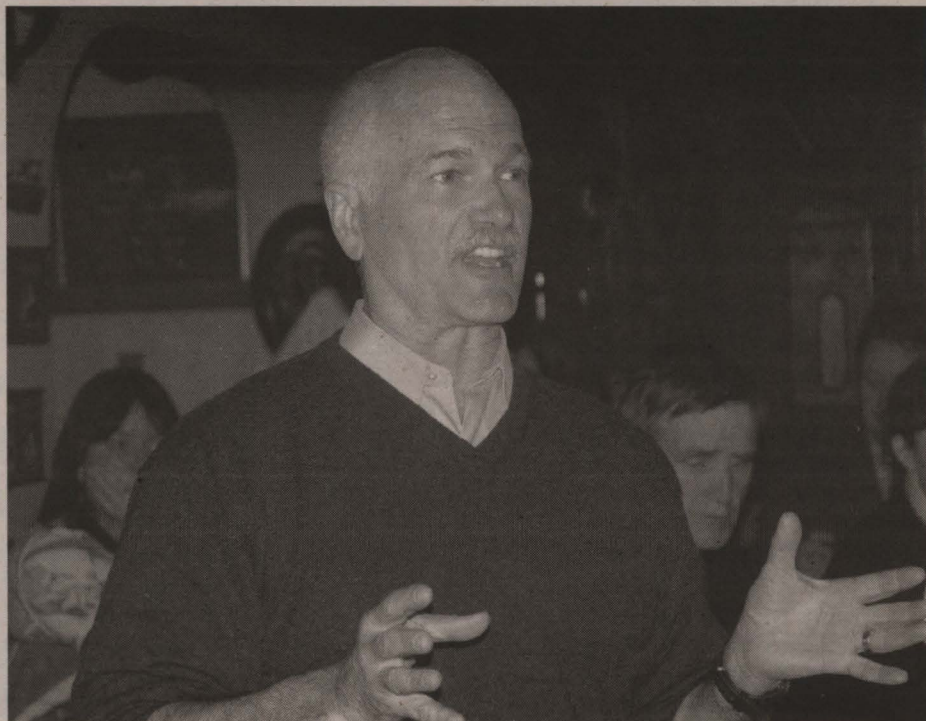
Reporters across Canada are shocked at the huge public reaction to NDP leader Jack Layton's death. The sudden event brought much attention to Layton's contribution and political success. Social networking sites such as Facebook and Twitter were overwhelmed by the amount of status updates recognizing the loss of this political leader. In terms of Twitter buzz alone, Layton's death brought almost as much attention as Obama's presidential election to the United States government back in 2008. Why was there so much awareness of Layton's death across the country? Much of the answer lies in Canadian student voters.

Layton always paid special attention to the needs and wants of many Canadian students across the country. The NDP claimed they wanted to lower tuition costs, strengthen pensions, hire more doctors and nurses, launch a program that would create thousands of new jobs, and more. According to *Maclean's* magazine, he was the best of the federal leaders at connecting with the nation's youth. Before the 2011

election, he reached out to the young people of Canada and urged them to show up at the polls in order to vote for their future. For this reason, Layton was known as "a man who spoke to Canadian youths." Reporters claim that he always made time for young journalists, and he would also work directly with university students on local issues that both Layton and the students were passionate about. To further bolster his popularity with the younger crowd, he spoke to young people through favoured television shows, such as *Much on Demand*, to encourage the youth of Canada to engage in the political system.

Jack Layton even has a special place here at The Other Press. In 2009, Layton sat down with former editor in chief Liam Britten for a beer and an interview of a lifetime at a small New Westminster pub. This is just another example of how Layton always made time for our nation's youth.

Layton ended his career with a letter that he wrote to the citizens of Canada. The letter had a special message to young people, he said, "Young people have been a great source of inspiration for me ... I believe in you. Your energy, your vision, your passion for justice are exactly what this country needs today. You need to be at the heart of our economy, our political



life, and our plans for the present and the future." Even in his final letter we see that in death Jack Layton can be remembered as "a man who spoke to Canadian youths." Non profit organizations like Student Vote have taken the time to recognize Layton's

efforts while placing a special memorial for him on their website. His efforts to raise voter awareness amongst Canadian youth may be at the root of why young Canadians have a renewed interest and passion for Canada's political future.

News

Get involved at Douglas

Five ways to get connected on campus



By Jenn Markham

New to Douglas? Been here a while and looking to make use of some of that time you should be studying? Although it's not a complete list, it's a place to start if you're looking to get involved.

Centre for Campus Life

Pictures of these guys and all the fun they have are everywhere. They hold intramural events, fitness classes, leadership workshops, and more. This is a unique group at Douglas that's created to help you fit into the campus community. Check out www.douglife.ca for more information and sign up for their newsletter to so that you never miss an opportunity to get involved.

Student Ambassadors

Based out of the Office for New Students, this is a diverse group

of students that help out with New Student Orientation programs, Campus Community Spirit events, New Student Recruiting and Community Events, Campus partner events and committees, and Alumni events. They're best known around campus as being responsible for wild and crazy happenings in the atriums like Easter egg hunts and Jell-O eating contests. Check out qualifications and instructions on how to apply at: www.douglas.bc.ca/new-students/office-new-students/student-ambassador.html

Learning Centre

"The Learning Centre offers both face-to-face and online tutoring, as well as self-help materials, like tutorials and handouts, to help you improve academic skills." Their services are free for students. Also, if you excel in a certain subject area and like helping others, consider becoming a paid tutor. Check out

qualifications and instructions on how to apply at: www.douglas.bc.ca/services/learning-centre/about/tutor.html

Douglas Student Union

With locations on both campuses, the Douglas Student Union holds pub nights, lunches and other fun activities. There are also student voted representative positions through the DSU. They invite students to drop by and get involved, and you can also check out their website, www.douglasstudentsunion.ca

Volunteer Opportunities

If you're just looking to help out at a couple events here or there, occasionally volunteer opportunities are emailed through the school email, but why wait? Check out postings on Douglife at: www.douglife.ca/category/volunteer-opportunities



September Events Update

The start of a new semester means that there's a ton going on around campus. Use the events calendar below to help plan how you'll spend your downtime at Douglas in the weeks ahead. Have some fun, make new friends, and get involved at Douglas College with Douglife.

Can You Dig It? Beach Volleyball Tournament

September 15, 2011 @ 4:30pm – 7:30pm
David Lam Campus (Outdoor Volleyball Courts)

Rock, Paper, Scissors Tournament

September 20, 2011 @ 2:30pm – 4:30pm
New Westminster Gymnasium

Campus Life Chase

September 21, 2011 @ 4:00pm – 7:00pm
David Lam Campus

Leadership Retreat 2011

September 29 – October 2
Application deadline September 21 @ 12:00pm
Free for accepted Douglas students
*see online for more information

For complete details, check out www.douglife.ca!

Keep your options open when it comes to textbooks

You'll save your back and maybe even a buck or two

By Maria Asselin-Roy, Staff Reporter

Carrying around four courses worth of textbooks every semester can be a huge hassle. They're heavy, they're bulky, and you probably don't even need the full textbook for one particular course. That is what many college students have admitted on various online forums. Several students say that they do not bring their textbooks to class for the reason of them being too cumbersome and tiring to carry around.

For many courses, buying the full textbook is necessary. Mathematics for example usually requires the whole text because each page contains problems and solutions that you are required to solve. The same goes for courses that use the same textbook for both sections of the course, such as Intro to Psychology. In this case, buying the full text would be to your benefit because it's good for two semesters and you know that your money will not be going to waste. Much of the time you can purchase used textbooks from other

students around campus or on websites like craigslist. It is not recommended to buy the full text if you are only taking one part of a course. For example, if you need a lab science requirement and you choose to take Biology 1110; buying the two hundred (and something) dollar textbook is probably not a good idea if you hope to save your money and have a lighter load on your back.

According to *Cost Effective Solutions for Student Success* (available online at www.solutionsforstudentsuccess.org) the average student spends just under \$1,000.00 per year on textbooks. However, there are easier, and cheaper options out there than what are available in the bookstore. Digital textbooks are becoming more and more popular as students are finding them substantially more easy to use. Another plus is that if you carry your laptop around with you everywhere, then the textbook is always with you. One of the best websites for this is www.coursesmart.com. They carry almost all textbooks required by colleges and universities. If you wish to buy the textbook and have it forever stored on your computer,

it costs half the price of the printed version. If you assume you are only going to need a couple of chapters of a text, you can even start a free trial and print out a few pages. Coursesmart also has a "Study Online or Offline" feature. With this feature, you can access your purchased eTextbook without an internet connection. Coursesmart also allows students to rent eTextbooks for 180 days, and you can easily pay with PayPal. Another option is to download a PDF of your textbook. This can sometimes cost a little money, or it can be free depending on the website. Websites such as www.bookboon.com and www.bookshare.org are great in finding college textbooks in PDF or eBook form. When searching to see if your textbook is available as a PDF, be sure that you have the correct and current edition number.

If you have purchased a hard copy of a textbook and no longer need it, buybacks are available at both campuses at the end of the semester. Here you can sell your books, and receive at least 25% of the retail value. If the book is being used in the current

semester, you can receive up to 50% back. Check out www.douglas.bc.ca/services/bookstore.html for store hours for David Lam and New West campuses, your course book list, and what is out of stock. This semester there is also a "personalized book list" which was created to assist students with the specific courses they are enrolled in.



Auditions for dummies

Tips and tricks for up-and-coming actors

By Julia Siedlanowska, Arts Reviewer

The actor's worst nightmare: you get to the audition and forget EVERYTHING. The thought may cross your mind as you wait with all the other sweating, stretching, monologue-whispering, nervous actors in the lobby. Followed by thoughts of everything else that could go wrong; you realise you talked too much, you accidentally admit that you actually hate Shakespeare, your voice cracks so loud that people in the next room hear it. **Relax**, the outcome of your audition may depend on it. All these terrible misrepresentations of yourself and your skills are usually caused by nerves. Thankfully, there *are* some things that can help ensure that you're cool as a cucumber at your next audition:

- 1) Unless you are a veteran procrastinator, leaving everything to the last minute is not the best idea. In my experience, trying to memorize your monologue the night before your audition causes a lot of anxiety and isn't worth the stress. Memorization is only the first step and as such simply cannot be avoided. It's

important to have a solid base so you can concentrate on what directors are really looking for: character voice, character body, understanding of the text, connection to the images, being present in the moment. So get it out of the way. If you know what play you are auditioning for, order a copy of the script or borrow one from the library. It's important to know what your character's intentions are in relation to the whole story.

- 2) Be open. You may be asked to repeat your monologue or scene with a suggestion from the director. They may want you to say it with different intentions behind your words. Just because you practised your monologue in a happy tone, doesn't mean they won't want you to say it as if you were grieving. You may have practised it sitting, expect that they may want you to say it standing, or walking around. Most often there is an improvisational aspect to an audition. You may be asked to do a cold read. If you know this

is not your strong point, practice beforehand at home. Read any text you can find aloud till you feel more comfortable. You may also be given a scene and only a few minutes to prepare it. Although quick memorisation is impressive, character and relationship are more important. You may be able to memorize the scene, but if you perform it without showing any feeling, it won't be very memorable. Depending on your abilities and the amount of time given, determine if it's worth the trouble.

- 3) The morning of can be very stressful, so be prepared. Google map or Translink search your destination in advance, and plan to arrive early. Update your resume regularly so that you avoid having to edit it an hour before your audition time. Have a small stack of headshots prepared to avoid a last minute insta-printing at Walmart. Read your audition notice carefully and follow instructions. If it says arrive with two contrasting monologues and a song, you better well have those prepared. If attire is unspecified, try to dress in a neutral between business and casual.
- 4) When trying to impress, be courteous but brief. Nobody likes to have their time wasted, and professionalism goes a long way. Don't forget to do the same for your fellow actors – you are all

in the same boat. You all want the audition to be a positive experience, so be kind and respectful. Besides, everyone you meet is a potential cast mate, and being rude isn't worth wasting a networking opportunity. You are guaranteed to run into the same people more than once, so make a good impression.

- 5) Most importantly, don't forget to have fun and be yourself! By the time you are standing in front of the director, you've probably done everything you can to prepare. So breathe! Breathe, breathe, breathe. Now all you need to do is rely on your training, your beautiful face, and your charisma (well, *hopefully* you've got *one* of those to fall back on ...) There's nothing worse than doing all that work and not getting the job because you were so tense that nobody had fun watching you. And when it's all over, try not to beat yourself up if it doesn't go as planned. Don't apologize. It will not help your situation. An actor rarely leaves without thinking that they could have done a better job. You are your own worst critic, which means somebody else might have thought you were amazing! Don't ruin it for them. Many of us are perfectionists, but a good actor knows that his or her work is never finished. It is important for the director to see the potential, not the finished piece. Oh, and try to get a good night's rest!

Flashforward: a fantastic fall flip-through before you crack your textbooks!

A sci-fi retro review

By Livia Turnbull

The time between graduating high school and starting college was a strange time for me. I wanted to hurry up and begin my adult life but, at the same time, I was a little afraid of the challenges ahead. Even though this summer seemed to go by quickly for me, I sometimes wished it would have slowed down a little. I had so many books I wanted to read, and so little time to read them. One of those books was *Flashforward* by Robert J. Sawyer (not to be confused with the short-lived TV series by the same name).

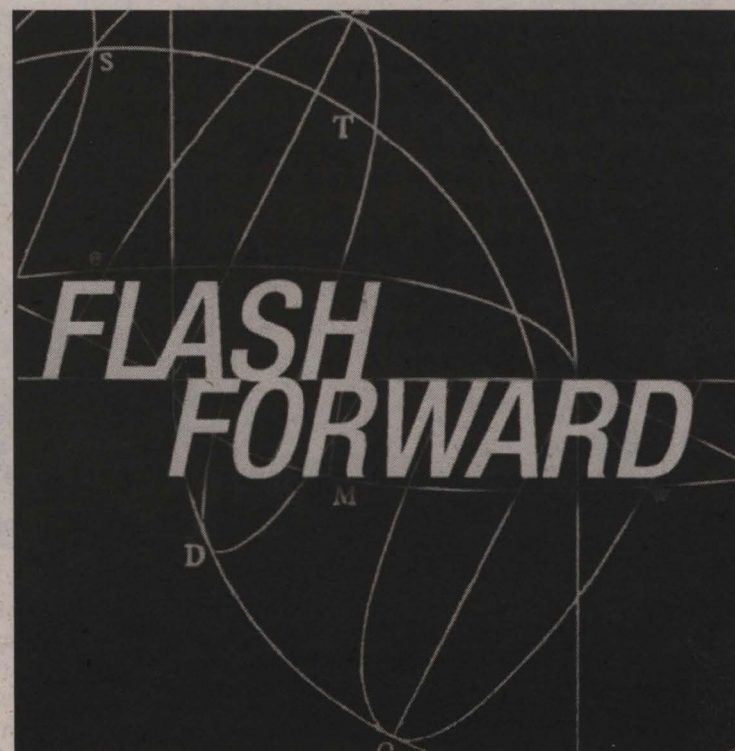
A brief outline about the novel that may entice you to pick it up (spoiler warning):

On April 21, 2009, a Canadian researcher named Lloyd Simcoe is in Geneva working on CERN's Large Hadron Collider. In fact,

the Large Hadron Collider is going to be activated on that very day at precisely 17:00 hours. But until then, all Lloyd, his fiancée Michiko Komura, and his research partner Theo Procopides have to do is wait. As the fated hour draws near, the team begins to count down the seconds. Suddenly, Lloyd wakes up in a strange bed with an older, married woman whom he has never seen before. After getting up to take a look in the mirror, he sees himself, now twenty years older and married to the strange woman. Just as suddenly as before, he is back at CERN in the year 2009. After coming to his senses, Lloyd finds out that almost everyone had a vision of themselves twenty years from now. Theo, however, does not have a vision and is puzzled by the event. Later, after much searching, Theo finds out the reason why he

didn't see himself twenty years from now. This is because twenty years from now, Theo will be dead. With that knowledge in hand, Theo must work to find the circumstances behind his own murder and prevent the inevitable from happening.

All of Robert J. Sawyer's works are very well-written, and this is no exception. However, one major fault with most of his works that I find is that the characters are not very developed. For the most part, all his characters are acceptable, but oftentimes they are used to make the plot move forward. In *Flashforward* however, the characters have been developed very nicely. While they certainly aren't the world's deepest, they characters work well with the story and its themes. I recommend giving this book a read, especially if you are a sci-fi fan.



Colour me cultured

The lowdown on fall arts events at Douglas

By Julia Siedlanowska, Arts Reviewer

There are a few long established Douglas arts events that are very worthy of notice. Whether you're a new or returning student, there's bound to be an unexpected artistic endeavour going on somewhere on campus that you haven't yet seen or heard of.

Arts at One is a series of concerts funded by the Douglas Music Department happening every Thursday at 1:00PM in the Laura C. Muir theatre (that's upstairs, for all of you reading in the cafeteria). The series features a variety of local artists and outstanding Douglas College students.

The semester starts off with Fringe Percussion, a Vancouver based percussion quartet that, according to their website, "... connects to the expressive cultural traditions of Bali, China, Cuba, Japan, Ghana, and India." This concert will be happening in the first few days of the semester, on September 8th. Another exciting prospect is "Cosmophony" played by Rachel Iwaasa on the piano. This contemporary recital is inspired by the cosmos at the HR MacMillan Space Centre in Vancouver.

Most recently, "Cosmophony" was presented in accompaniment with overhead panoramic projections of images of the

planets and stars. Iwaasa will be performing on September 22nd. Best of all, these concerts are free!

The Douglas College programs of Theatre and Stagecraft and Event Technology puts on two outstanding productions each semester for the public to attend. The actors are program students and alumni (many of whom are now professionals in their field), and are directed by guest directors such as John Cooper (Death of a Salesman, Vancouver Playhouse), and Jessie Award winning Stephen Drover. The set, lighting and costumes are all created by the Stagecraft students in collaboration with the directors and faculty.

"Whether you're a new or returning student, there's bound to be an unexpected artistic endeavour going on somewhere on campus that you haven't yet seen or heard of."

This semester, the productions include *Dancing at Lughnasa*, by Brian Friel (November 4-12, directed by Thrasso Petras), and *Jehanne of the Witches* by Vancouver-born playwright Sally Clark (November 12-19, directed by Deborah Neville). *Jehanne of the Witches* is an unconventional portrayal of the life of Joan of Arc, told from the perspective of the



jealous man behind the legend, Bluebeard. Meryl Streep starred in the 1998 film

College Institute of Urban Ecology. The show runs from September 15 - October 28, with an opening reception on September 15 from 4:30 - 7:30PM. Entrance to the gallery is also free.

If ever you have time between classes, and need to relax, there are plenty of stimulating events on campus that you can't miss. Look out for more information about upcoming events and interviews with artists. Here at Douglas, you won't have to go very far to find great arts events.

For specific event listings check out the Douglas College Calendar of Arts Events.

Our dull, inappropriate flop

We review the not-so comedic comedy *Our Idiot Brother*



By Alyssa LeBlevec

While the trailers for *Our Idiot Brother* built it up to be the summer's best comedy, it sadly

left us with the same feeling as our wallets after tuition's been paid and textbooks have been bought: emptiness.

Paul Rudd plays a very lovable character named Ned, a middle-aged hippie

whose short stint in prison has left him homeless and broke, prompting him to surf the couches of his three professional and successful sisters (Elizabeth Banks, Zooey Deschanel, and Emily Mortimer). But after a string of affairs, unwanted pregnancies, and failing careers, Ned is left trying to help them all pick up the pieces - unsuccessfully of course. Ned's good-hearted honesty only leads to more problems for his already dysfunctional family. As everyone's lives begin to unravel, they finally learn that the important thing in life is the love and support of family.

It's the same cheesy cliché we've seen for years just being worked at another angle. The members of a broken family go through an array of individual issues, thus bringing them closer together and subsequently ending with the realization that family is the most important thing in the world. It's the "idiot" and the comedy that could have potentially turned this old and overused plotline into a success. Unfortunately, the "idiot" is quite dull, and the comedy, although providing some good laughs, is lacking. The slow start to the movie leaves viewers waiting for things to pick up and pull them in, but unfortunately they are left wanting.

The other part of this movie that left a bad taste in my mouth was the PG rating. I'm not one to be offended by an F-bomb

or some nudity; when I go to an R or 14A rated movie it's to be expected. But with a PG rating, I expect that the movie should be suitable for my 10-year-old brother or 12-year-old cousin, which this movie most certainly was not.

While it was of no real offence to me, younger children and even the older lady in the audience might not have been impressed with the multiple scenes of nudity and gruff language. These days we are becoming more desensitized to subjects like sex, drugs and explicit language, things that were taboo twenty years ago are now common conversation. However, I don't believe that this should give the movie industry free reign to change the criteria for movie ratings. Parents still have the right to decide what they want their children exposed to and movie ratings are supposed to assist parents with that, not make their job more complicated.

All in all it's a cute movie with a decent, albeit predictable, plotline that is an acceptable Netflix choice on a lazy Sunday afternoon. On a student budget though, it's not worth the movie ticket and popcorn.

2.5/5



That's some bad movie, Harry

You're gonna need a better reason to see *Shark Night 3D*

By Angela Espinoza, Arts Editor

Last summer we were treated to the surprise hit *Piranha 3D*, a modern day spin on a bloody beach B-movie. That movie had everything; cheesy 3D effects, coke-snorting porn directors, Eli Roth getting his face mauled by a propeller, and even Christopher Lloyd! The initial reaction to such a movie was perhaps worded best by one Sammy J in the 1999 classic, *Deep Blue Sea*: "Well, they can get a whole lot worse," and with *Shark Night 3D*, they did.

As the story goes, seven college students go down to their friend Sara's (Sara Paxton) lake house for the weekend. Sara's well known 'round these parts because her dad is Lake Pontchartrain's [insert fancy-sounding job title here]. She's also known for being the one that got away (zing!) so that she could attend Tulane University for three years (just incase you miss the ten times they say it). Unfortunately for this charming group of horny, Halo-playing, tit-wagging twenty-something's, there be some hillbillies 'round here tryin' to cause a ruckus. Oh,



and there are sharks somewhere halfway through, too.

It should be noted that Alexandre Aja, the director of *Piranha 3D*, is not

"This film somehow had a bigger budget than *Piranha 3D*, and yet it resorted to stock footage from what looked to be Discovery Channel specials and other shark movies..."

the mind behind *Shark Night 3D*. Rather, that respectable credit goes to none other than David R. Ellis, the guy that just barely managed not to screw up *Snakes on a Plane* (2006). With that in mind, it should be of no surprise that *Shark Night 3D* is quite the disappointment compared to its spiritual predecessor.

This film somehow had a bigger budget than *Piranha 3D*, and yet it resorted to stock footage from what looked to be Discovery Channel specials

and other shark movies for the opening and closing credit sequences. Then of course we have multiple shots being sped up and cut to make everyone and everything look like it's flailing around. One such moment was when we got to enjoy the *entire* car ride to the lake.

Piranha 3D was far from sophisticated, but at least it had some restraint (again, coke-snorting porn directors). Sure, there was plenty of nudity, and gore to go with it, but that's because it wanted to push its R-rating. Here, we get more 14A slasher garbage

that instead chooses to mentally scar its audience by asking how you would rather go: hillbillies or miniature

sharks? Classy.

Shark Night 3D asks a lot of its audience in just having them sit through it. It's not funny when it tries to be, any redeemable characters rarely shine through, and as for the sharks, you get a variety, and some cool jump scares, but that's about it. Swim away from this one while you can folks.

1/5



Proclamations from a PAX rookie

A lesson in nerd



Angela Espinoza
Arts Reviewer

At some point, we will all find our place in life. Mine as it turns out was amongst 70,000 nerds at the Washington State Convention Center for a weekend. And by God, was it glorious.

Every year the Penny Arcade Expo occurs in Boston (PAX East) and Seattle (PAX Prime). For those who may not know, PAX is a three-day braingasm of all things involving video and tabletop gaming. After years of waiting patiently by the warm glow of my computer, I finally got to attend one of these bad boys. Now gentle reader, allow me to reflect upon some life-changing lessons I've learned.

Pack nothing, buy everything

If you're like me, you try to plan for every possible outcome. Not here. You're in a swanky hotel for crying out loud! Unless you're going in costume, your only outfit will be the one you wear the day you leave. Why? If you're not wearing a portion of your new free shirts,

then you'll be wearing a portion of your new bought shirts before the weekend is up. On that note, everything here is cheaper than (1) in Canada or (2) online, so shut off your brain and spend. I did. Have I introduced you to my Companion Cubes? Damn right that's plural.

In their tongue, it is "swag"

You're going to spend a lot of money, so plan for that. But you're also going to be getting a mountain of free stuff. Everything from posters, to bags, to giant foam chainsaw hands will be thrown at your feet. You know how people throw rice at a wedding? It's like that, only awesome. Don't just collect based on the fact that it's free though. Just about everything you get this year will not be there next year, so get while the getting's good.

"I'M NOT TWENTY-ONE!"

If this is the case, I might actually suggest not going. This nearly spoiled an otherwise perfect weekend for me. Moving on!

For you, by people more important than you

As this is a convention, there are many panels happening each day. The three I attended were all drastically different from each other, so I suggest you assume nothing going in (except maybe line-length). If you can actually find some time for one that catches your eye, you should probably go. If for no other reason, there's a chance you'll get some swag available to no one else afterwards.

Rule of three

Unless time is seriously an issue, do yourself a favour and go for the three-day pass. For (as of this year) \$65.00, you're getting way more than your money's worth. Odds are your wallet has become accustomed to your geeky lifestyle by now anyway, so why skimp out? My last piece of advice is simple: go with the flow. Don't over think anything and just do what everyone else is doing. You're going to have a lot more fun this way. If you've never gone before, hopefully this placed some insight on what to expect for your eventual and completely necessary trek. If you have, hope you had fun this year and I can't wait to see you again next year!

Psst, look over here!

September review bulletin

Greetings, unique individual! How kind of you to join myself in whatever it is you're also doing. As you may have noticed, I am a student newspaper, and as a student newspaper, I lack the noodly appendages necessary to write the articles that fill my pages. That's where you come in! Your mission, should you choose to accept it, will require you to tell us what **you** think about any of the following:

Game Review: *Dead Island*

– Out September 6*

Game Review: *Resistance 3*

– Out September 6*

Game Review: *Crimson Alliance*

– Out September 7*

Concert Review: PS I Love You

– September 8 @ Electric Owl

Film Review: *Contagion*

– Opening September 9*

Film Review: *Warrior*

– Opening September 9*

Concert Review: Maroon 5 and Train

– September 12 @ Abbotsford Entertainment & Sports Centre

Album Review: *A Sea of Memories* (Bush) – Out September 13*

Album Review: *A Dramatic Turn of Events* (Dream Theater) – Out September 13*

Album Review: *Own the Night* (Lady Antebellum) – Out September 13*

Album Review: *Green Naugahyde* (Primus) – Out September 13*

Game Review: *The Gunstringer* – Out September 13*

Concert Review: Band of Horses – September 14 @ Commodore Ballroom

* Indicates the article should contain a rating out of five

"So why me," you're probably asking yourself. Well sir or madam, mostly because you're smart, sexy, and already overqualified for the job. How? You made it to college, didn't you? With that said, here's what we expect out of those devilishly soft hands of yours:

- Opinionated reviews on any of the above (Did you like it? Did you hate it?)
- A brief and creative headline and subhead
- 400–700 words

Be sure to send your article(s) or any questions you may have to arts@theotherpress.ca. Articles should be sent in by 5:00pm on September 15 at the latest. Most importantly, don't fear the mission, it won't bite you. If you can spell your name, you can write an article!

Back-to-school brain foods

Eat your way to an A!

By Sharon Miki

Oh, September: that lovely time of year when we venture bravely back to the halls and, consequently, back to the mall for back-to-school shopping. However, as we snip the tags from our new wares and crack open our fresh books, why not consider an overhaul on what we buy at the grocery store? Summer foods like hot dogs and slurpees might be tasty, but processed meats and corn syrup might not be the best choices for fuelling student success. Instead, consider picking up some brain-boosting foods to improve memory, concentration, and mental endurance to last the semester.

Antioxidants

Find it in: cabbage, berries, broccoli, avocado, chocolate

Benefits: Eating antioxidants are like wearing a seatbelt: it helps protect you from harm. Our bodies produce waste products called free radicals that can damage the brain and lead to disease. Luckily, antioxidants contain properties that help prevent free radicals from taking too much of a toll.



Fibre

Find it in: oatmeal, brown rice

Benefits: Fibre-rich foods stabilize your blood-sugar, which keeps your mood stable and promotes concentration.

Omega-3 Fatty Acids

Find it in: salmon, yellow fin tuna, fish oils

Benefits: Omega-3s are useful in improving the function of brain cell membranes by keeping membranes flexible, promoting nutrient absorption and helping to transmit brain signals—allowing you to think fast.

Caffeine

Find it in: coffee, tea

Benefits: Okay, don't go crazy with this one—because caffeine is a tricky thing that you can have too much of (see: it's hard to take notes with shaky hands). However, in moderation, caffeine is useful for sharpening focus, attention and reaction time.

Water

Find it in: water

Benefits: Good for more than swimming and showers, water actually makes up a huge proportion of your body and nearly three-quarters of the brain. Keeping hydrated allows your brain cells to function at full capacity.

Okay, students, try munching on those tasty treats and, if you need more nutritional guidance, visit one of Douglas College's naturopaths. Full-time students with Green Shield Canada health plans are eligible for up to \$300.00 reimbursement per year for wellness services like naturopathy.

For more information, visit: www.douglas.bc.ca/campus-life/wellness/services.html

Babe on a budget

How to save money when re-decorating

By Stephanie Trembath,
Life & Style Editor

My recent release from the six bedroom house I was sharing with five lovely femmes in Burnaby allowed for an opportunity to learn and experience new things about myself. After spending the last two sticky summer months picking hair out of bathtub drains, collecting dried food from sofa armchairs, and running around the house turning off lights and glaring at people who dared leave lamps on (reminiscent of my mother's style while I was in high school) I decided that my high-maintenance mantra was exactly what I needed to get out of my lease agreement. Much like my first decision to move, I decided I needed a new place and was looking at the apartment I currently live in two days later. It's amazing what you can accomplish when you set your mind to it, am I right?

My move this time went much smoother and was much more exciting, thanks to the boyfriend who is coming with me, and the fact that I got to completely redecorate an entire apartment. Who knew I would have such a hard-on for furniture? I've never spent any time wandering furniture stores or shopped online; one might even say that I've switched my

clothing obsession for loveseats and lampshades. I currently have my eye on a \$215 red swivel chair, and a wall divider that is marked down to \$250 from \$1200. Not that I am actually going to purchase these pieces, but window shopping to get an idea of what you like never hurts... right?

One thing I have taken away from this whole experience is just how immensely valuable craigslist is. Rather than purchasing full price furniture and accessories, if you have the time and muscle, I really recommend using craigslist to furnish your apartment or living space. For one, there are hundreds of people giving stuff away for free; I received a new microwave from one couple who were moving into a new place complete with all kitchen appliances. A girl who was in a hurry to move and needed to get rid of all her belongings fast sold us her brand new coffee table and leather futon for over 50% off. The beauty of today's technology means you can double check exactly how much your craigslist purchases initially cost and where they came from. When you move, especially when you move in with a significant other, not all your pieces match or fit, so it's best to shop sales or used stores to fill your space rather than going brand new.



If you're on a student budget, craigslist is definitely the way to go, but you need to commit the time. You'll also need some muscle and a vehicle to transport larger pieces. The leather futon I purchased had to be moved immediately, which was unfortunately on a Friday night, when all friends were busy and truck rentals were closed, so my partner and I wound up carrying the couch across Burnaby. Let me tell you; running a large couch across busy streets to avoid walking the extra ten metres to crosswalks is not the workout I had in mind for a Friday night. But it got the job done, and the couch looks great under a few paintings I salvaged from my old place.

If you do decide to move sometime this semester, here are a few things to keep in mind: finding furniture on Craigslist is a good idea, finding roommates is not. Relying on friends may seem like a good way to save money, however, when you're stuck walking couches across Burnaby on a hot Friday night you may just change your mind and opt to hire movers next time instead. Finally, trying to match and complete sets of plates, cups, cutlery, towels, bedding, etc. is completely unnecessary. Until you grow up, and get your own house, all of that stuff gets broken, misplaced, or smelly and gross beyond use anyway.

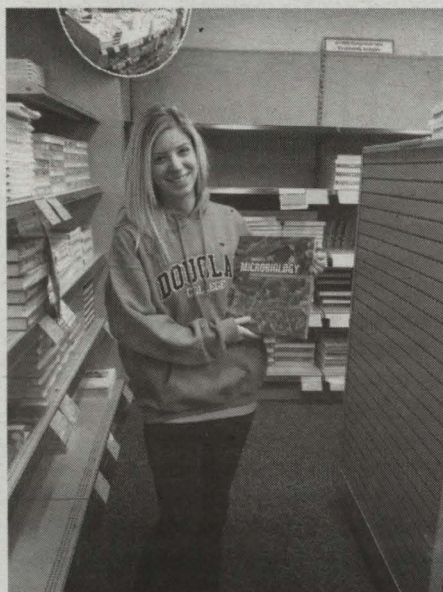
Campus chic;

Bookstore fashions put school spirit on your chest (literally)

By Sharon Miki

Who needs the Aritzia warehouse sale when you can find comfy, reasonably priced fashions right in the comfort of your local campus bookstore? In honour of the back-to-school season, here are a few choice selections of Douglas-branded couture that can keep you feeling school spirit for years to come.

Every college-bound student needs at least one item to wear to put their future alma mater on display. This fall, try a bright and cheerful colour to match the Douglas College emblem printed boldly for all to see. This is an essential souvenir piece that you'll treasure when you're older.



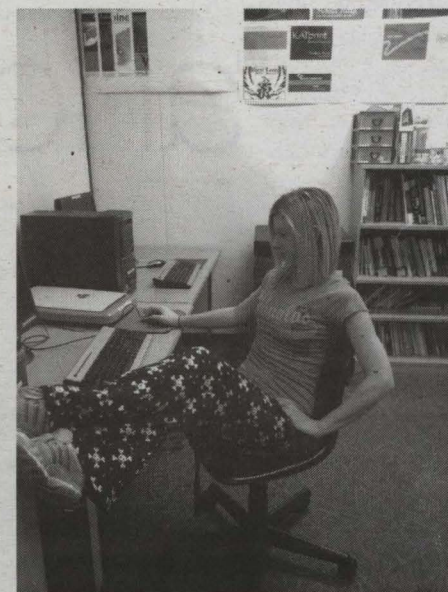
Douglas College hooded sweatshirts, prices vary.

For a sleeker and more subtle silhouette, try out some more contemporary pieces. This black cardigan is extra long while the understated "D" emblem (for Douglas, obviously) on the chest keeps up the school theme. Paired with super-stretchy capri-length yoga pants, you'll move from class to class with admirably athletic speed.



Black cardigan, \$22.95; Turquoise yoga pants, \$31.95

Finally, what student doesn't crave some relaxed items for those inevitable days when coffee can't cut it and dressing down is the only option? Douglas merchandisers paired up with Paul Frank to make some colourful printed pajama pants that make bedtime and exam time equally easy.



Blue T-shirt, \$14.75; Printed Paul Frank pajama pants, \$21.95

Douglas College clothing and lifestyle items are available for sale at both the David Lam and New Westminster campus bookstores.

Fall spending spree

A few things to treat yourself to in the final days of summer

By Stephanie Trembath,
Life & Style Editor

The final few weeks of August left me torn and unsettled, I was trapped somewhere between the last smouldering days of summer, and the events and inspirations that lure me into the fall. Here's a brief list of the trendy to-do's and a few ideas that will offer a warm welcome into the cooler months of the year:

The Hunger Games by Suzanne Collins

- Harry Potter won't know what hit him once this trilogy hits the silver screen. A slightly more intellectual read than the *Twilight* series, Collins' science fiction series features a post-apocalyptic world called Panem where thirteen districts are controlled by an oppressive government known as the Capitol. In a twisted game show called the *Hunger Games*, two adolescents are selected from every district to fight to their death on reality TV. Reminiscent of the *Gladiator* era, mixing a teenage love drama with the reality of *Big Brother*, *The Hunger Games* will be released in theaters September 2012, so now is the perfect time to read the series and decide which character will be Americas favourite: Harry Potter, Bella Swan, or Katniss Everdeen?



The comb-over - It's back in full force boys, fashion calls forth the hair flipped heavily onto one preferred side of the head. I'm not sure whether Donald Trump has become the newest Hollywood heart throb, or if the fashion cycle has reached its limit and is looking to old men with thinning hair for style advice, but either way, the comb-over is officially "in" this fall. Admittedly, I think some guys can pull it off; it looks classic, neat, and incredibly European, however, if worn improperly expect disastrous results!



Deep-fried Delicacies - Last year the PNE brought deep-fried sticks of butter to the table; this year introduced deep-fried Mars Bars, Oreos, and Pop-tarts. Forget mini-donuts and corn on the cob, instead go for an entire meal on a stick; you can have an appetizer of chocolate dipped strawberries on a stick, an entrée of corn dogs, and finish off with a deep-fried Mars Bar, of course, on a stick.

Topshop - Rumour has it that the UK-based store is making its way over to Vancouver. One of the most popular places to shop on High Street, London, Topshop is opening in The Bay on Robson, and will carry the same quality designer wear and funky pieces as its European counterpart. If you feel like sporting something fashion-forward, Topshop is the place to go but, if you feel like standing out for your originality, I have the feeling Topshop in Vancouver will become the next Aritzia.

Get the Internet and everything on it.



310-4NET (4638)
telus.com/student

 **TELUS**
the future is friendly®

*Offer available until November 1, 2011, to new TELUS clients who have not subscribed to TELUS Internet service in the past 90 days. Proof of student status with student number and name of post-secondary institution is required. Price is guaranteed for 12 months, with no term commitment. © 2011 TELUS.


 RATE MY PROFESSORS

 Find a professor Find
 United States Search for a p

The Dos and Don'ts of Douglas

How to stay afloat during your freshman year

By Jacey Gibb

Ah, I love the smell of freshmen in the morning. Say goodbye to the sweet sensations of summer and say hello to nine months of overcast. At the risk of being tarred and feathered here, I'll admit that I've been looking forward to going back to school for quite some time now. I know it'll only take a week before I'm counting down the days to the end of semester but heading in this fall, I feel great. A large amount of this peppy no-fear attitude probably stems from how comfortable I've become around the college. Though I only have one year of Douglas under my belt, I am actually entering my final year here too. As a going away present to you doe-eyed freshmen, I'm here to offer you all the exclusive sage advice only a man with a beard could give you.

Do: Rent a locker from the Douglas Students' Union (DSU) - The great thing about lockers is that they're not just for storing your moldy sandwiches and pictures of your high school sweetheart. These guys especially come in handy if you're taking four or five courses and aren't overly eager to carry your ball and chain of a book bag around with you. Best of all: they only cost ten bucks for the whole semester! So pluck a crisp John A. from your beer fund and head over to the DSU to reserve some locker real estate. Better hurry though, as the top lockers usually go fast.

Do: Research your professors on www.ratemyprofessors.com - Call me superficial, call me judgemental, but I call it smart. In my first semester at Douglas I dove faith-first into registration and wound up with a few lemons for instructors. As shallow as it sounds, the site is pretty accurate and offers feedback from students for students. Of course, you shouldn't treat it like your bible but having a cheat sheet doesn't hurt.

Do: Forward your school email to your regular email - Twitter, Facebook, Gmail. The fewer social media accounts you have to worry about checking, the better. That's why your myDouglas can be set up in a way that it forwards all your school stuff to the email you actually check. It may seem like small potatoes but I guarantee at least once in your academic career you will show up to a class only to discover that your professor sent an email out a few hours beforehand cancelling class because terrorists kidnapped his daughter. Well, you get the idea.

Do: Find out where all the computer labs are - You'll find there are times you can walk into the library and have your pick of the litter when it comes to computers, but you'll very soon realize that those times are a rarity. Often, unoccupied computers are rarer than a Smarties McFlurry in the Sahara, so it's good to know where the computer labs are for when you're in a rush to print out that assignment that was due ten minutes ago. As well, there are a couple of classrooms littered around campus that have computers ripe for the picking, but those gems are up to you to find.

Do: Take a Student Success course - An academic advisor convinced me to take one of these courses and it has probably been the most useful class I've taken so far. Some of the things you go over may seem kind of elementary (let's make goal spread sheets!) but there's a lot of invaluable stuff lurking in the curriculum like how to properly write research papers and how to tell what from those seven pages of notes your took will actually be on the exam. The course isn't necessarily transferable, but some institutions will honour the credits.

Do: Get involved around campus - While Douglas may not be the bustling social beehive you hoped it would be you can

still make the best of it. There are a couple student clubs kicking around and there are a few flagships like the school's sports teams, leadership program and of course, The Other Press. The DSU is also always open to new club ideas so if you head over to their website, you can look into how to set up your own Tina Fey appreciation/crochet club.

Don't: Live off primarily cafeteria food - One of the easiest and also worst traps to fall into is the reliance that manifests on the munchies on campus. I could zero in on the obvious health defects offered by the deep fryer but health and nutrition lessons were your mom's responsibility so I'll just bring up the financial perspective. The average meal from the caf falls around seven or eight dollars and even the low range snacks can add up when they become a habit. Brown paper bagging your lunch will give you more control over what you shove in your piehole and will also help your budget stretch a bit further.

Don't: Enroll in a night class - I know what you're thinking. "Night class doesn't look so bad. I can take one of them instead of one of the early morning ones and then I'll be able to sleep in." Honestly, night classes need to have a warning label on them. It means that on that particular night, every week for the next four months, you technically have plans. I guess some people might not be as outraged by this social calendar consumption as I am, but to me it means missing out on concerts and karaoke nights. If it's at all possible, try and cram that course into an earlier slot.

Don't: Just stop going to a class - Something else your mothers should have taught you, but important enough for me to mention again. If you decide after two weeks that Animal Psychology maybe isn't your thing, make sure you officially drop the course. Otherwise you'll get stuck with

a UN on your transcripts, which is about as attractive as a tramp stamp at a Mormon family reunion.

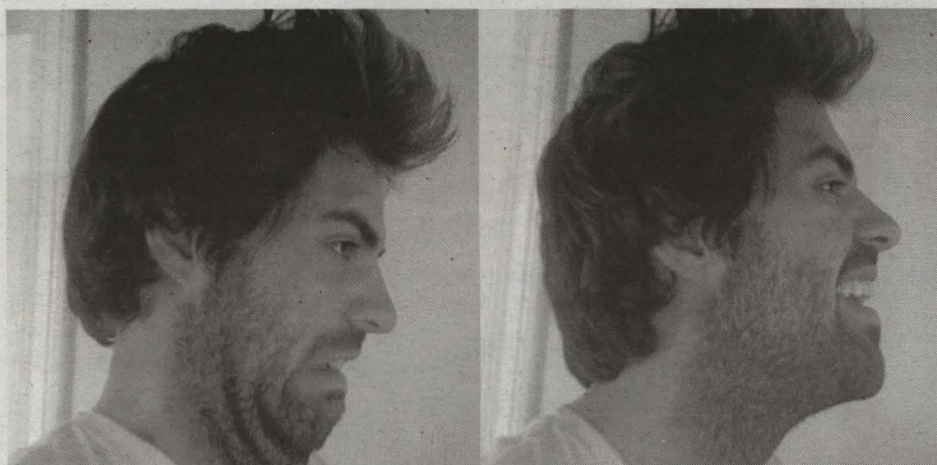
Don't: Rush making friends in your classes - Okay, so you made it through orientation with minimal battle wounds but now the people you latched onto for the day are nowhere to be seen on campus. While I still encourage you to be friendly on your first day, diving into a classroom comradery with someone just because they sat next to you can backfire on so many levels. You might not be able to shake them if they do a complete 180 on you and turn all *Swimfan*, so slow down tiger and obey the three day rule like the rest of us before adding them on Facebook.

Don't: Let pop culture expectations dampen reality's results - I'm blaming Hollywood for this one, as countless individuals flood into post-secondary with the misconceived conception that it's a 24 hour beer-soaked orgy. Remember that this is Douglas College, not Animal House. Of course you're going to be able to add a few wacky notches to your party bedpost, but you'll find Douglas to have more of a high school feel than of an *American Pie* movie. Just remember to keep your expectations around sea level and start working on your UBC application like the rest of us.

Alright, that's it! I'm done. No more bearded advice for you rookie. The further you get into the school year, the more you'll realize how unwarranted your concerns were in the first place. Some things about college won't live up to the hype while other things will surpass your every expectation. So for now, sit back and relax and let me be one of the first to welcome you to Douglas College.

As bought by Jacey: Neckline Slimmer

Miracle product that tones up your neck rolls? Fat chance!



Before

After

By Jacey Gibb, Opinions Editor

Have you ever been curious about those wonder products always being advertised on television? Not stupid enough to actually pay money to find out if they really work? Then join me in the recurring 'As bought by Jacey' column on my ongoing quest to discover what As Seen On TV items really work and which ones are as useless as you first assumed they would be.

The first of countless red flags I should have paid attention to when purchasing

the Neckline Slimmer was how the price had been knocked all the way down from

"Despite following a strict routine of daily toning exercises, my face had somehow been unable to lose the fifteen pounds that all of the women displayed on the box seemed to have lost themselves."

\$29.99 to a suspicious \$4.99. Unfortunately, using common sense has never been a large component of "As bought by Jacey" and I shelled out the five big ones in hopes that this wonder product would somehow

replace my mangled mug, in favour of a "more youthful appearance."

I'll try and explain how this product works: you rest your chin on top of the slimmer and angle the device so that the bottom rests on your chest. From here, you can either pursue neck toning (which means bringing your neck down and then back up) or chin and jaw muscle toning (which involves opening and closing your jaw). The power coil that lies within the slimmer also comes in three accommodating variations for low, medium, and high resistance, so customizing your workout is a breeze! The box boasted that I would notice results in just two minutes a day, so I embarked on a week long journey to finally shape up my neck and start living life like beautiful people do.

The exercises themselves are easy enough to run through, but the chin and jaw toning especially took a toll on my jawbone. After a while, it felt like I was experiencing a mild aftershock from getting punched.

The neck toning technique was slightly less discomfiting but the repeated movements of up and down had me continuously warding off thoughts of fellatio techniques. Overall, my workout experiences were rarely ideal ones.

To my dismay, the end result of my labours was far from jaw-dropping. Despite following a strict routine of daily toning exercises, my face had somehow been unable to lose the fifteen pounds that all of the women displayed on the box seemed to have lost themselves. I guess its back to liposuction for this guy!

Rating: F-

Something that never fails to make my brain ache is the lengths that some people are willing to go to in order to achieve their perception of what the perfect human looks like. The Neckline Slimmer is no better than any of those other bogus products that prey upon the insecure, offering little more than perhaps a temporary mental placebo that this just might be the secret to their superficial salvation. At least now I feel slightly more comfortable in my blow job technique.

Canadian politics taking a frightening turn

By John Miller

As the mourning of Jack Layton's recent death from cancer continues, alarming political realities are beginning to appear on the Federal stage. The decimation of the Bloc Quebecois and the Liberals in May had already deprived the country of two leaders well familiar to the Canadian electorate, and it may not be premature to say Layton's death now leaves the Prime Minister as the sole strong voice in Parliament.

The widespread grief at Layton's passing is certain to assure his legacy as a Canadian politician somewhat separate from the typical mold. Since his days on the Toronto City Council, Layton had advocated causes both diverse and consistently progressive such as urban cycling and LGBT rights. As leader of the NDP, he had just brought the party to unprecedented achievements as Canada's second most supported party. The downside and danger to Layton's central role in the party, however, has left it highly vulnerable in the condition of his absence.

While granting her some chance to prove herself, realistically it is difficult to believe that Nycole Turmel might approach Layton's unique and steadfast role in Parliament during her stint as interim head of the NDP and Leader of the Opposition. Very few Canadians can likely name any of

the potential candidates for permanent party leadership, meaning that for now the NDP might as well be headless.

This distinction is shared with two of Canada's other leading parties, the Liberals and the Bloc, meaning that Stephen Harper could sit essentially unchallenged in Ottawa. One should be prepared for the worst when Parliament resumes later this month lacking Jack Layton and any other clear rally point for civic discontent. It is essential that some form of rivalry exist to fuel the healthy debate integral to a functioning democracy, and strong voices are required to constantly question and dispute government policy.

Perhaps most recently and disconcertingly, the Conservative government's rebranding campaign of Canadian "patriotism" domestically and abroad has begun to manifest itself in several arenas. Conveniently, for Harper, this coincided with the vacuous and narcissistic monarchy-fest of the last few months. This ancient institution has itself now successfully morphed into a combination of tradition for tradition's sake and the worst elements of celebrity culture.

This slow and subtle Conservative approach has been exhibited in numerous forms, such as the Philistine replacement of a notable Alfred Pellin painting in the Foreign Ministry Office with the bland and already ubiquitous portrait of Elizabeth



Left to right: Potential NDP leadership candidates Nycole Turmel, Thomas Mulcair and Libby Davies

Windsor. Somewhat anachronistically, the Conservatives have decided to reintroduce the word "Royal" in reference to Canada's navy and air force, as if in an attempt to resuscitate the old image of British Imperialism as a boost to the military, another key element in Harper's formula for a reactionary Canadian identity and nationalism. This has also been shockingly displayed in government correspondence terminology which is now egotistically addressed the "Harper Government".

Although pandering to the British monarchy is unlikely to gain Harper many more friends in Quebec, it does suggest the very nationalistic and right-wing tendencies of this government which far from a majority of Canadians are likely to really agree with. Those of us holding other political opinions might only hope that in the next few years of Conservative rule, strong contrarian voices might arise to keep the consolidating "Harper Government" in check.

Reasons to fall in love with autumn all over again

By Jacey Gibb, Opinions Editor

So you're coming off a hot streak of sunshine, summer flings, and treating every day like it were the weekend? It's not all bad comrade, this fall has plenty of excitement to look forward to!

All of the good holidays

Nothing against the National Civic Holiday, but summer time is pretty vanilla when it comes to special occasions. Canada Day is always a messy good time, but the leaves turning colours means Halloween will be dropping by the neighbourhood shortly. And who doesn't love its gluttonous partner in-time Thanksgiving? Also, we're heading into the last months of the year so Christmas is on approach too! Make sure you get those carols on the iPod early this year (that is, if you haven't already!)

The Muppets movie hits theatres

I haven't been this excited for a puppet driven comedy since, well, ever. Funny guy Jason Segel is at the helm for this upcoming laughfest and not even Amy "Plain Face" Adams can dampen my hopes for it. See you at the midnight screening!

Concert season finally flexes its muscles

Just by looking at September and October, there are more phenomenal concerts than you can shake a glowstick at. It may have been my lack of disposable income preventing me from buying too many tickets this past summer, but it seemed like the season failed to really bring it, concert-wise.

New school supplies

It's inevitable that all your binders will eventually become ridden with boredom-induced doodles and coffee stains, but for now they still have that new car smell going on. Unfortunately, my bank account isn't nearly as excited for this part of fall as I am.

The Mod Club returns to Red Room

Poor Mod Club has been irked around quite a bit this year. First off, the closing of the Lotus Hotel meant the wonderfully infectious, beat driven event was left without a home. Then after a few quiet weeks at the new location, Red Room, the party starter was put on the back burner for the rest of summer. Look for a fall debut date to be announced soon and ask your friend to give you back your go-go dancer costume.



Fall television premieres

As we speak, a brand spankin' new set of freshmen shows are suiting up and preparing to fend off the cancellation bear. While I don't actually have cable and therefore can't even watch television, I'm pumped at the thought of making some new fictional friends to replace those that left us at the end of last season. (RIP Smallville. And by the way, your finale sucked.)

Pumpkin spice lattes are back

It isn't autumn in my mouth until I feel a flood of pumpkin spice flavour tsunami over my taste buds. And by the time you're reading this, these delicacies will have been unleashed upon the general public! If you're aching for a new twist on this fan favourite, try mixing in some cinnamon dolce syrup too.

U-pass receives less than universal praise

Why are some students criticizing Douglas' new U-pass?

By Jacey Gibb, Opinions Editor

Do you know what you'll be doing with all the money you're saving on bus passes this semester?

Sure, technically all of the money the U-pass is saving me is money that I didn't really have in the first place, but it also means that that chunk of my student loans can be allocated towards other things that are equally important. Like stockpiling on Granville Raspberry Ale before it dissipates completely for the year. Or maybe even possibly textbooks, I'm not really sure yet. The point is that I'm ecstatic about the U-pass finally getting the green light and I'm amazed at the amount of criticisms it has received so far.

For those of you who weren't familiar with the system before, here's how transiting to Douglas used to be: every month you bought either a one, two or three zone bus pass for \$81.00, \$110.00 or \$151.00 respectively. With the new U-pass system, it works out that you'll technically only be paying \$30 a month! Those are definitely savings I can get on board with.

So why are some people opposed to the new fee being tacked onto our tuition costs? The only real argument comes from those that didn't use public transit at all in the first place. Despite having an incredibly thorough public transit system throughout



the Lower Mainland and having a SkyTrain station literally down the street from Douglas' New West campus, it is surprising at the amount of people that choose to drive to school rather than transit. I see how the two hour commute from Maple Ridge may not be the most appealing course of action, but how are these people able to afford driving for over an hour each day with gas

prices being around \$1.40 a litre?

My advice, if you're one of the rich-uncle-pennybag types that drives to school every day, is to quit complaining about the changes that the U-pass has brought with it and use it as an opportunity to shake up your routine. A U-pass pays for itself after six round trips on public transit so it's not like it's difficult to justify. Maybe you can

use those extra hours on the bus to catch up on some reading or even take the SkyTrain home from the bar instead of opting for a cash-guzzling cab. 94% of students voted last spring in favour of bringing the U-pass into our lives and I couldn't be more grateful.

Learn to love the library!

Douglas College libraries offer oodles of free fun

By Sharon Miki

In a world where “Netflixing” is a verb and everyone from the toddler I babysit to my 96-year-old grandma has an iPad, it’s natural to start thinking of entertainment as cyberspace-based. Still, a simple trip to my local campus library recently reminded me that not all amusements are pay-to-play. In fact, I found that the Douglas College libraries are stuffed with more than just homework and educational resources—they’re full of nifty books, videos, and devices to borrow and enjoy on a student’s budget (i.e. for free).

Books

Obviously, the first thing that comes to mind when someone says “library” is books (Unless, of course, you’re playing Scrabble. In that case, you might think of how many points that jerk is going to get). And boy, do the libraries have books! However, the library has more than mammoth tomes on molecular biology. There are also many delightful and recent releases of new and noteworthy novels and non-fiction. For example, the library stocks several current Amazon best-sellers like Emma Donoghue’s *Room*, Kathryn Stockett’s *The Help* (now a major motion picture!) and Michael Ondaatje’s *The Cat’s Table*.

Moreover, the library also carries titles from many Douglas College instructors—reading them is a great way to support local writers and also to remind us that teachers continue to exist outside of the classroom. My personal recommendations from Douglas leaders include collections of poetry from the Creative Writing department’s Elizabeth Bachinsky (*Home of Sudden Service*) and Calvin Wharton (*The Song Collides*).

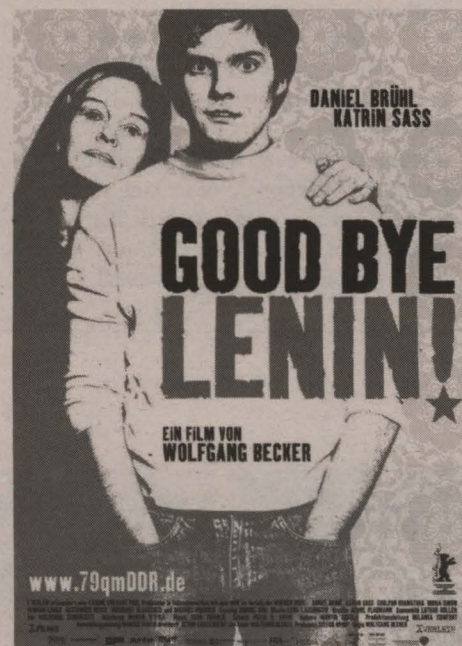
Newspapers and Magazines

Why waste your dollars on hefty subscription fees for periodicals when there are up-to-date copies just waiting to be read in the library? The library subscribes to local papers like the *Vancouver Sun* and *The Province* as well as global papers like the *National Post*. While papers do have a one-hour loan period, how long does it really take to read a paper?

If you’re more into magazines, you can peruse the magazine and periodical

sections at your leisure. While magazines can’t leave the library, you can find a cuddly chair or cubicle and dig into new copies of big-name glossies like the *New Yorker* or *Rolling Stone*.

DVDs



My favourite entertainment feature of the library, by far, is the DVD rental section. Sure, you could probably just download *Paul Blart: Mall Cop* if you wanted to watch something, but the selection of titles available in the library are more than just convenient—there are a lot of interesting, high-quality films to be seen that I would probably never otherwise consider. At my visit, I found critically acclaimed Hollywood movies like the Coen brothers’ *A Serious Man* alongside a variety of artsy and foreign titles like *Good Bye, Lenin* and *Sin Nombre*. You can give yourself an excuse to eat popcorn and up your cultural capital street-cred all at once—at no cost! One caveat: videos and DVD’s can only be borrowed for two days at a time, so make sure you return them on time.

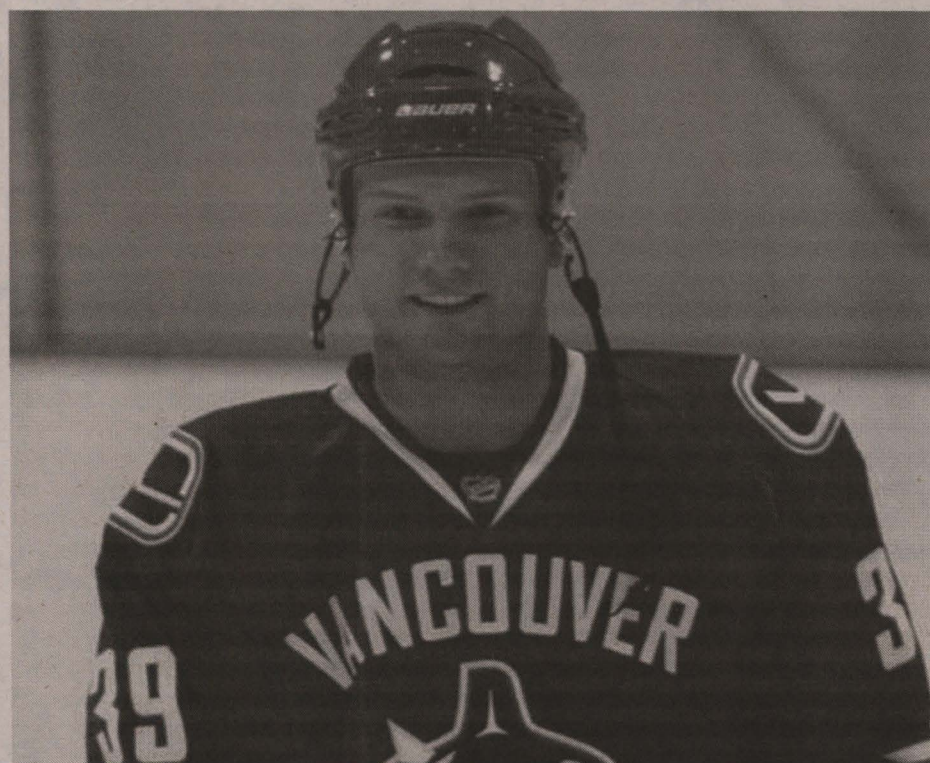
Well, what are you waiting for? Pull out your library card (which is actually just your student card that you need anyways to write exams and use your U-Pass) and venture forth for some wallet-friendly fun!





Canucks Corner

Who will crack the Canucks' line-up?



Josh Martin
Sports Editor

With the regular season beginning on October 6 against the Pittsburgh Penguins the major question remains as who will make the Canucks line-up and who will be left without a spot. The big name that comes to mind is Cody Hodgson. Is this guy finally ready to compete in the NHL? And, if so, will Coach AV give him some quality minutes on the power play and perhaps a few shifts with the Sedin's (which he rightfully deserves)? Although he did make a playoff appearance last season, he only managed to squander up a single assist in 12 games. That said, among those shifts, how many was he playing on the fourth line with guys who aren't expected to score but to put the puck deep and get off the ice? Pretty much all of them. The last thing we want to see is for Hodgson, our first round pick (10th overall) in the 2008 NHL draft to wander down the same path as former Canuck and first round pick (14th overall) in the 2006 draft, Michael Grabner.

Grabner was in an almost identical situation with the Canucks, a player with loads of potential and talent but one who was never given the chance to prove his worth. So the Canucks gave up on the winger and traded him to the Florida Panthers along with Steve Bernier and a first round choice in the draft in exchange

for Keith Ballard and Victor Oreskovich. That summer, Grabner attended the Panthers training camp but failed to make the team forcing Florida to place the Austrian winger on waivers in an attempt to sign him to their affiliate team in the AHL. Two days later, the New York Islanders nabbed him off waivers and the rest is simply history. Grabner went on to score 34 goals and 18 assists in 76 games, ranking him in third among rookies in scoring which earned him a Calder Memorial Trophy nomination for NHL rookie of the year. Following his successful season, the Islanders signed Grabner to a five-year \$15 million contract extension. And, just like that, a player went from almost playing in the AHL to a natural star player in the NHL on a team that had the patience and position to give him quality playing time.

There is also the argument that even though the Canucks' gave up on Grabner that they still seemed to be a dominant force in the NHL, what with competing in the Stanley Cup Finals and all, while the NY Islanders ended up in second-to-last place in the Eastern Conference. However, it is always a tough pill to swallow when one of your former players goes on to another team and contributes in a very positive way. The only way to avoid the same path with Cody Hodgson is if AV gives him the ice time to show off his potential and talent. If not, well, he could be racking up points on an opposing team in the near future.

Coming off the bye week

BC Lions are optimistic



By David Hollinshead

Another CFL season has come upon us, and to say our hometown B.C. Lions have stumbled out of the gate would be generous. The Lions are one game above what their abysmal record was a year ago, but there is reason for optimism. After going a perfect 2-0 in the preseason, a huge accomplishment I know, the Lions came out absolutely flat against their first opponents, the Montreal Alouettes, in a game that wasn't as close as the scoreboard made it seem.

Montreal had a 27-10 lead at halftime after burning Lions cornerback Davis Sanchez several times, and left the offence looking anemic. The defence really stepped it up in the second half, holding Montreal to only three second half points and bringing the Lions within four points in the fourth quarter. Even the most optimistic Lion's fans couldn't have felt as though we were going to win as coach Wally Buono made a questionable call to attempt a long field goal instead of going for it on third down. The home-opener saw the Lions in a shootout with the Calgary Stampeders, ultimately unable to keep up with them in the third quarter, as the Stamps put up 21 points to the Lions 14. The game ended 34-32, with QB Travis Lulay showing some of that potential superstar ability at times, and his inexperience at others, giving the Leos several chances to win the game, and having it slip through their fingers in a heartbreaker.

With receiver Nick Moore, who scored the only offensive touchdown against Montreal out of the lineup with a knee injury, Dobson Collins, a rookie who the Lion's coaching staff was high on, made only two catches for 51 yards, including a huge 45 yard play that showed promise. However, SB Shawn Gore stole the show with seven catches for 96 yards. The rest of the season continued on like that, the only game the Leos were blown out of was against high flying Edmonton with the score being 33-17. Due to an injury to starting HB Stanley Franks, the inconsistent Dobson Collins being cut, and with star Paris Jackson still nursing a knee injury, the Lions went out and signed recently cut HB Tad Kournegay, who was the key in the Saskatchewan Roughriders defense during

their two Grey Cup runs, and traded for controversial receiver Arland Bruce. With Kournegay, the Lions were able to defeat his former team at home and get their first win of the year 24-11. The acquisition of Arland Bruce didn't help the Lions the next week, as the Leos again showed an anemic offence against the Winnipeg Blue Bombers, resulting in Travis Lulay getting pulled for backup Jarious Jackson, who didn't fare any better as the Leos were run over 30-17. The next week though, the Leos faced their division rivals Edmonton again and absolutely blew them out of the water, giving Lion's fans reason for optimism with a 36-1 victory. With the Eskies receiving core depleted by injuries, forcing them to sign ex-Lions Dobson Collins and Ryan Grice-Mullen, Ricky Ray threw three interceptions as the Lions newly minted receivers Arland Bruce had nine receptions for 129 yards and two touchdowns and Kierre Johnson had six receptions for 84 yards and Lulay bouncing back going 22 for 37 with 343 yards and four touchdowns.

The Lions come out of the bye week to play back to back games against the Toronto Argonauts, who sport the same record as the Leos, but aren't regarded as highly of a team. If the Leos can win both games against the Argos, which is completely plausible, they're in alright shape at 4-6, hopefully giving some room from the Roughriders and Argos in terms of standings and playoff position, while gaining room on Edmonton. The once shaky receiving corps is now deep with talent as Akeem Foster and Shawn Gore have stepped up as solid options for Lulay in the coming years. Then there's superstars Geroy Simon and Arland Bruce demanding extra coverage, and Kierre Johnson showing upside if he solidifies himself in the starting receiver role with a couple more good showings. RB Jamaal Robertson is also starting to find his groove, though he struggled at the beginning of the season, and is now averaging over five yards a carry. The defense had a mid-season switch from a 3-4 to a 4-3, moving Korey Banks from linebacker to his natural spot at weak side HB, kicking the versatile Ryan Phillips out to cornerback, and the transition seems to have worked, and covered up for lack of depth. We'll keep a close eye on the Lions and see where they go from here.



AFC Preview

By David Hollinshead

AFC East: New England Patriots fans have a couple questions that weren't answered over the preseason and will have to wait for the regular season to find out. Can newly acquired receiver Chad Ochocinco get on the same page with Tom Brady? Will their newly switched 4-3 defence be as effective as their 3-4 once was, and can their secondary compete? One thing that can be said is that the Patriots offence is still expected to carry them to the top of their division.

The Jets have lost some of their stars on defence with Antonio Cromartie and Shaun Ellis taking the first plane out, but another year of experience should do Mark Sanchez good and the Jets could take a wildcard spot. The Miami Dolphins have figured out their defence but have too many questions on their offence with a shaky quarterback situation and no proven ground game - expect them to fall flat this year. The Buffalo Bills sported a 4-12 record last season and I wouldn't expect them to improve from that at all, they didn't go out and acquire the playmakers they needed, and Ryan Fitzpatrick shouldn't be anyone's starting quarterback.

AFC North: This is the Baltimore Ravens year to take division supremacy from the Steelers. I know Ravens fans have been hearing that for quite some time, but with Flacco becoming one of the premier QBs in the league, and with a defence that still stands tough, they could just take it.

As for the Steelers, they're coming back with most of their starters from the Super Bowl run last year, which also means they have the same holes. They'll barely miss out on a wildcard spot. The Cleveland Browns are improving, they showed that when they squashed the Patriots and the Saints last year. With Colt McCoy getting better and having budding star Peyton Hillis behind him, not to mention a young defence, they take third place in the division. The Cincinnati Bengals will be picking even higher than last year as they're rushing two rookies in WR AJ Green and QB Andy Dalton into star roles to replace receiver Chad Ochocinco and QB Carson Palmer. Expect them to be a bottom feeder team.

AFC South: This is again the Colts division to win. They won't have QB Peyton Manning to start the season, and while their glory days are in the rear-view, the other teams in the division just aren't ready to contend. The Houston Texans come

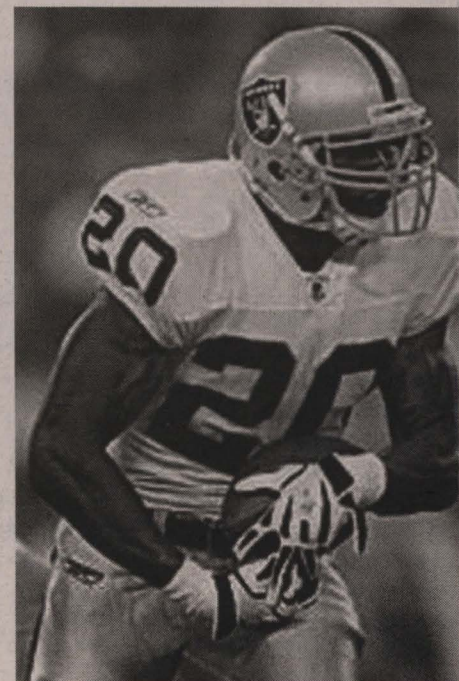
in as my dark horse team. NFL analysts have been saying that for years but they've made the right moves, buffed up their secondary and defensive line, and ready to go to the playoffs for the first time ever.

The Tennessee Titans are in a coaching transition period, but don't have many holes. It'll be a dogfight with Houston for the wildcard spot, expect new QB Matt Hasselbeck to either revive his career or pave way for rookie Jake Locker. The Jacksonville Jaguars are going nowhere... expect to see QB David Garrard benched for rookie Blaine Gabbert halfway through the year, and maybe a move to L.A.

AFC West: The San Diego Chargers are the only team in this division that are competitive, now that's not saying much but they do have a talented squad. Led by QB Phillip Rivers, with the bonus of having the best safety tandem in the league with Eric Weddle and Bob Sanders, this division belongs to San Diego for the foreseeable future. The Kansas City Chiefs are built by Scott Pioli, the man who helped mold the championship winning Patriots, but they are far off from a playoff spot. They're improving but it'll be another few years. The Oakland Raiders have to prove to me that their .500 record last year wasn't just a fluke in a watered down division. Despite

sweeping the Chargers last year, and putting up 59 points on Denver, the Oakland way of work out freaks over talent turns me off. The Raiders also have weak drafts since they have the need to trade their high picks away.

Conference Finals: New England Patriots over the Baltimore Ravens





NFC Preview

by David Hollinshead

NFC East: We know the Philadelphia Eagles are going to win the division. A bold prediction could be that they'll be the second team to go 16-0. Coach Andy Reid pulled out all the stops this year, acquiring huge talents like cornerbacks Nnamdi Asomugha and Dominique Rodgers-Cromartie. If QB Michael Vick gets hurt though, I have my doubts that Vince Young can lead them.

New York Giants fans, let's get this straight, Eli Manning is not in the same talent pool as Tom Brady and, as a result, the Giants aren't going to get far. They're inconsistent on both sides of the ball, turn over far too often, and are starting the season with injury problems. That said, they still earn a wildcard spot. The Dallas Cowboys, after a disappointing (to say the least) 2010 campaign, have made steps to getting back to their winning ways. Although I'm not a huge believer in Tony Romo, his health will be key. The Washington Redskins have the worst QB situation in the league, and are struggling in the switch to a 3-4 defence. Expect them to have one of the top picks in this year's draft.

NFC North: The Green Bay Packers are going to waltz into another division title.

Like the AFC West, no team can compete. The rest of the division is hard to predict. The Minnesota Vikings have their QB of the future, with rookie Christian Ponder, and two year starter, in Donovan McNabb, but I can't expect them to even make a wildcard appearance. With that out of the way, I'm keeping my eye on receiver Percy Harvin. He's needed to step up to departed Sidney Rice's game, but has reoccurring health problems. The Detroit Lions and Chicago Bears are going to dogfight for third place in the division.

NFC South: This will be the tightest division in football. Three teams in this division could make the playoffs, and all have potential to win the division. The Atlanta Falcons are my front runners. QB Matt Ryan has gotten another year of playoff experience, on top of leading his team to a dominating 13-3 record last season, and has a new weapon in rookie WR Julio Jones. The offensive line has taken a hit though and how they make up for it will determine their success. Moving on, my worry about the New Orleans Saints is that they spend most of their money on their backfield. With three talented RBs in the rotation, they again skipped out on needs such as linebacker and improving their special teams, they'll be hard pressed

to stop the rising Tampa Bay Buccaneers from taking the wildcard spot from them.

As for The Bucs who, besides having the youngest team in football with a coach who is in his thirties, are a team who, after a solid draft to restock their defence and complete their line, have all the tools to prove their 10-6 record last year was not a fluke. The Carolina Panthers on the other hand are, again, going to be bottom feeders. Even if controversially picked QB Cam Newton isn't a bust (he came with a Jamaricus Russell sized warning), the division is just too tough for them to make any leeway. They won't be as inept as last season, but they won't win.

NFC West: The greatest show on turf is back! No, that's way too soon to say that. The St. Louis Rams have taken monstrous steps forward in the past two years and with QB Sam Bradford under centre and finally giving star RB Steven Jackson some quality backups, the Rams look to be set on offence. They have also made some good acquisitions on defence. Maybe it's a year too early for a division title, but the Rams are on the rise. The Arizona Cardinals are not the Super Bowl contender they were a couple years ago, but trading for QB Kevin Kolb could be the start to get back on track that they needed. The Cardinals

are much too weak in the secondary to stop the opposing teams passing attack and are going to get burned in the air.

Every year, the San Francisco 49ers are predicted to be the risers in the division, but until they have a solid solution at QB, I can't agree. Alex Smith has had half a career to win the starting role for the 49ers and yet they keep giving him chances to disappoint. They drafted QB Colin Kaepernick in the second round to compete for the starting job, but I don't have much faith in that either as the turnaround they need either. All the pieces are there for San Fran, but they haven't made the playoffs once with Alex Smith at the head. The Seattle Seahawks are going to fall this year, which might be good for the future, giving Coach Pete Carroll a chance to rebuild in the draft. QB Tavarris Jackson will be hard-pressed to replace the recently departed fan favourite, Matt Hasselbeck, but the next option in Charlie Whitehurst isn't much better.

Conference Finals: Philadelphia Eagles over the Atlanta Falcons

Super Bowl Match up: New England Patriots over the Philadelphia Eagles

- OP is hiring! -



Assistant Editor PAY: \$700/month

The core responsibility of the assistant editor is to edit all written content submitted to the paper. Other duties include fact checking, checking for plagiarism, and generally aiding the editor in the development and success of the paper. If you enjoy a challenge and have a knack for making copy shine, apply today!

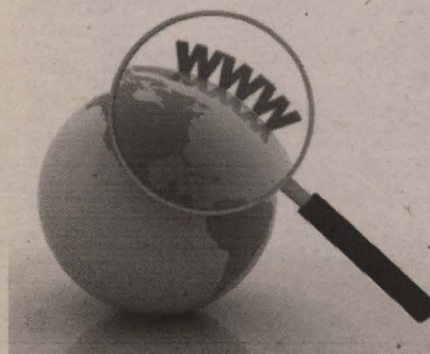
Familiarity with libel law and Canadian Press (CP) style

Interest and/or educational background in writing and editing

Enjoy working with others as part of a close-knit team

Strong, diplomatic interpersonal communication skills

Ability to deliver effectively under pressure



Web Editor PAY: \$300/month

The web editor maintains the Other Press website and its associated social media outlets (IE: Facebook, Twitter). Along with maintaining these channels, the web editor is responsible for uploading all articles, and respective photos, to the Other Press website on a weekly basis in a timely and effective manner.

General familiarity with HTML and popular social media platforms

Intermediate experience in, combined with a passion for, web design

Considered, respectful, and prompt communication style preferred



Advertising Manager PAY: \$200/month +20% commission

The advertising manager is responsible for finding and communicating with businesses interested in advertising in the Other Press. Working directly with the editor, the advertising manager's primary focuses is to promote the Other Press and maintain positive working relationships with advertisers.

Outgoing personality paired with a professional demeanour

Background in marketing/advertising/sales preferred

Ability to provide thorough written updates to editor and the board of directors



Staff Writer (2) PAY: \$200/month

The staff writer is responsible for producing two quality articles (total) for two different sections on a weekly basis. The goal of the staff writer is to quickly establish a familiarity with, as well as an understanding of, each of the Other Press' five respective sections.

Consistently produce print-worthy articles under a strict deadline

Interest in covering a variety of subjects

Familiarity in various writing styles

Last Ditch Effort / John Kroes



©2006 John Kroes

www.lde-online.com

			6		3	4	2	
9		2			1	8		
6	5			7			3	
3	1			2				8
		8	7	1	4	6		
4				8			5	1
	6			4			1	2
		9	2			3		7
	8	5	1		7			

Solution

4	9	6	7	8	1	5	8	2
7	8	3	5	9	2	6	4	1
2	1	5	8	4	6	3	6	7
1	5	2	9	8	3	7	9	4
3	6	9	4	1	7	8	2	5
8	4	7	6	2	5	9	1	3
6	3	1	2	7	8	4	5	9
9	7	8	1	5	4	2	3	6
5	2	4	3	9	6	1	7	8

CAP'S BICYCLE SHOP

the Original

434A East Columbia St. New Westminster, BC
604-524-3611

Cap's Bicycle Contest!

Win a Bicycle from Cap's!

Fill out the ballot below and drop it off at The Other Press' office (room 1020 in Douglas College's New Westminster Campus) for your chance to win a bike from our partners at Cap's Bicycle Shop!



*One ballot per student limit

*Winner will be drawn at the end of September and contacted by email or phone

*Winner must provide a valid Douglas College ID

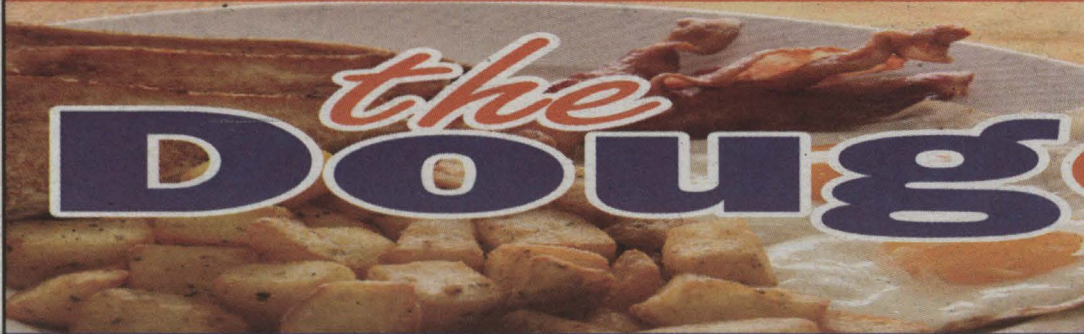
Name: _____

Student #: _____

Email: _____

Phone #: _____

Top Floor, Students' Union Building (SUB), New West



the **Dougout** *caf*

Lots of menu items under \$5



W
e
i
c
o
m
e
W
e
e
k

WEEKLY MEETINGS AT 6 PM

DSU

